

# NSS Activities Report 2021-22

## Report on Yoga for young Minds Common Yoga Protocol & Lectures

Date: 21/6/2021

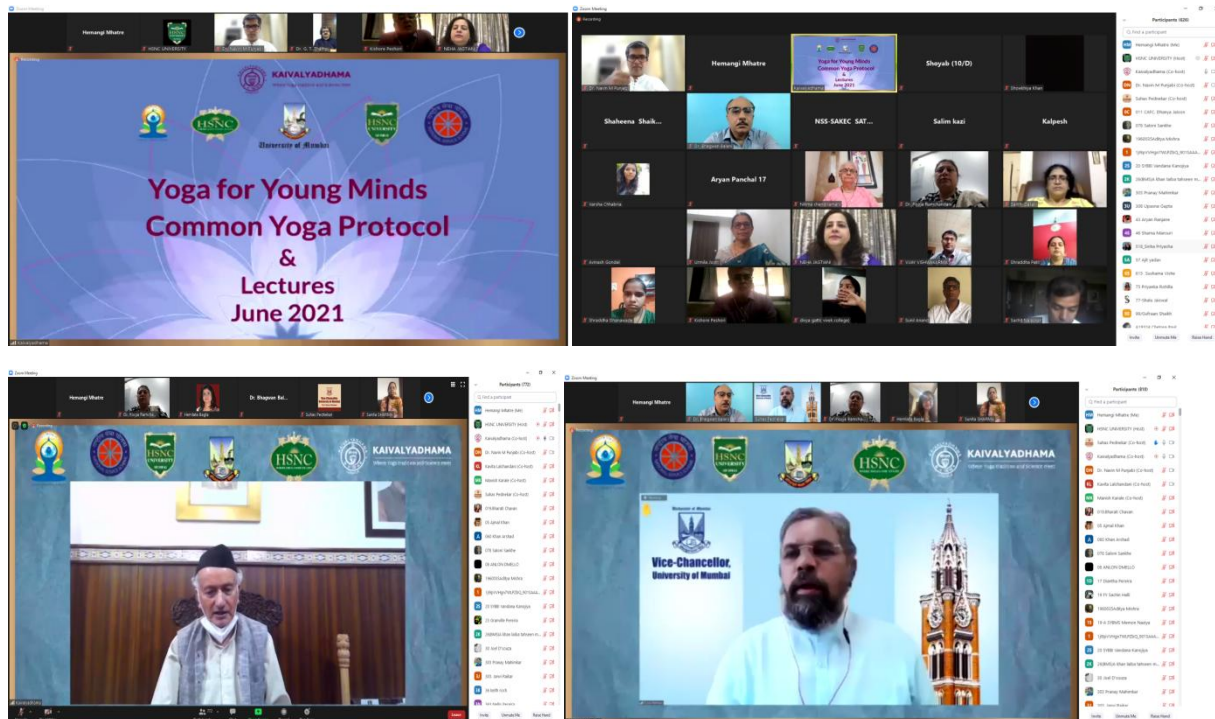
The programme was jointly organized by HSNC University Mumbai, NSS Department University of Mumbai, Kaivalyadhama Lonavala.

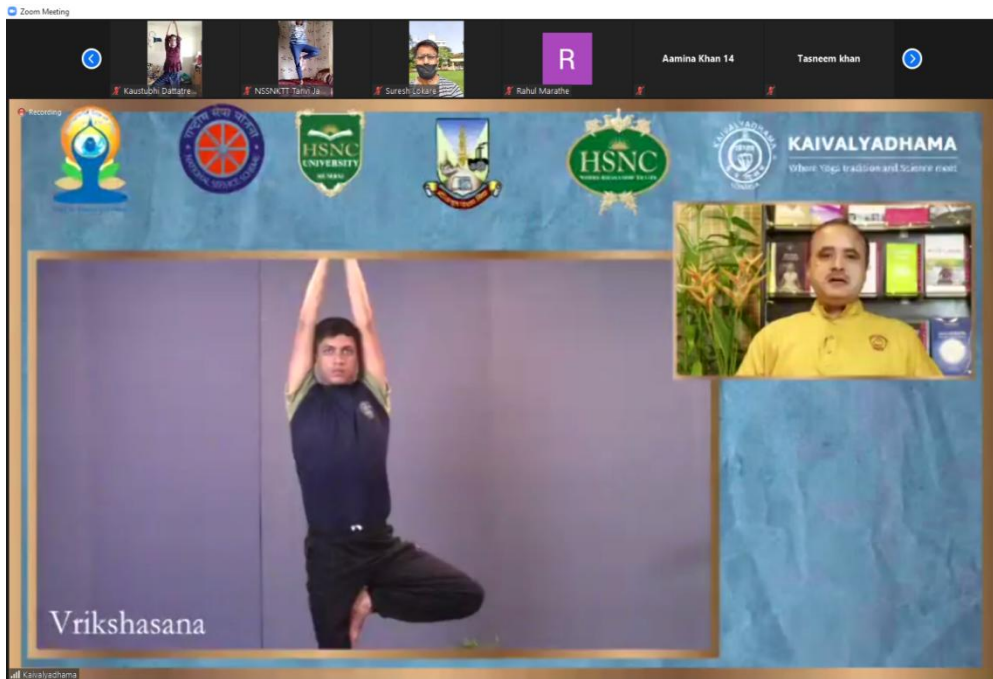
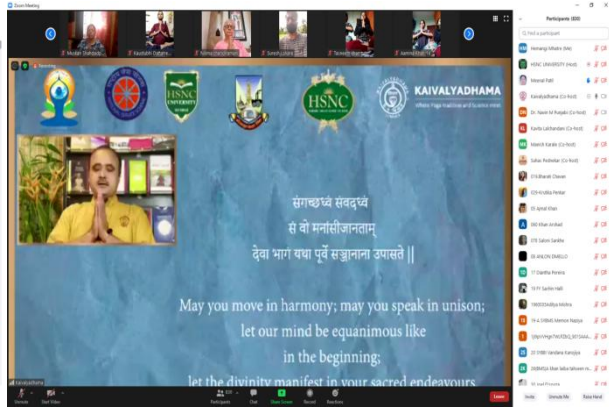
Dr. Navin M Punjabi welcomed all the principals, faculty's and students those who were present in this programme.

The Bhagat Singh Koshyari (Governor of Maharashtra) thanks all the organizers who arranged this programme for our students.

Shri. Subodh Tiwari (Kaivalyadhama Lonavla) gave information about yoga to all the participants and to do the yoga for our health.

Shri. Vivek Tiwari (Kaivalyadhama Lonavla) has guided the participants to do yoga asana's and our students followed the instructions and did the same.





- Participants (781)
- HM Hemangi Mishra (Me)
  - HSNC UNIVERSITY (Host)
  - Kaivalyadhama (Co-host)
  - DH Dr. Navin M Purjabi (Co-host)
  - KL Kavita Lalchandani (Co-host)
  - MM Manish Karale (Co-host)
  - Suhas Pedekar (Co-host)
  - 019 Bharati Chavan
  - 05 Ajmal Khan
  - 060 Khan Arshad
  - 078 Saloni Sankhe
  - 08 ANLON DMELLO
  - 17 Dhanra Pereira
  - 19 FY Sachin Halli
  - 196005Aditya Mishra
  - 19-A SYBMS Memon Naziya
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  - 20 SYBI Vandana Kanoojya
  - 26(BK)A Khan Iaba tahseen m...
  - 30 Joel D'souza
  - 303 Pranay Mahimkar
  - 301 Janvi Raibler

# Report on the Celebration of Gandhi Jayanti and International Day of Non-Violence

**Date:** 2/10/2021

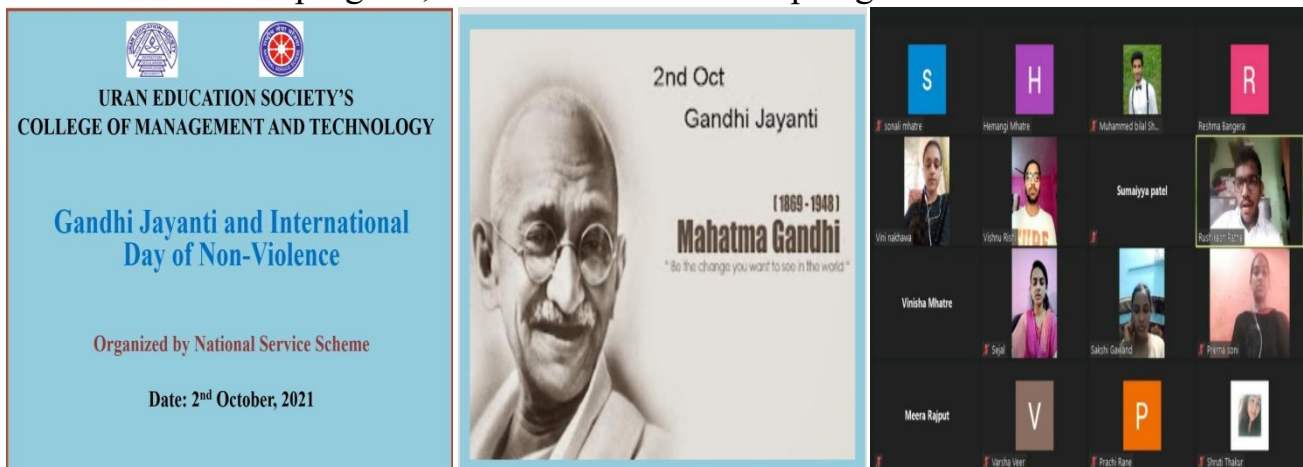
Our college celebrated birth anniversary of Mahatma Gandhi and International day of Non-Violence on 2<sup>nd</sup> October 2021, which was organized by the National Service Scheme Department.

The NSS Program officer welcomed all teachers and students, and gave information about Mahatma Gandhi and his life.

In this program it was also explained, how Non-Violence is the personal practice of not causing harm to one's self and others under every condition.

On this occasion Essay writing and slogan writing activities were conducted for students.

At the end of the program, the students took the pledge for Non-Violence and Peace.



## Report on the Constitution Day Celebration

**Date:** 26/11/2021

Our college celebrated Constitution Day on Friday, 26<sup>th</sup> November 2021. The program was organized by the National Service Scheme Department.

On this occasion, an Essay writing competition was conducted for the students.

Total 74 students were participated in this competition.



## **Report on the National Voter's Day**

Date: 25/01/2022

In order to encourage more young voters to take part in the political process. Government of India has decided to celebrate January 25 every year as "National Voters' Day".

On this occasion various activities like Rangoli making, Drawing, poem Writing, Slogan Writing and essay writing were conducted for students to spread the importance of exercising one's voting rights.



## Report on Foundation Day (Tree Plantation)

**Date:** 18/07/2021

Uran Education Society's College of Management and Technology, 13<sup>th</sup> foundation day was celebrated on Sunday, dated 18<sup>th</sup> July 2021.

On this occasion Tree plantation program was organized by National Service Scheme department.

The program started with the tree plantation by the guest. Teaching, non-teaching staff and students present celebrated the foundation day of college by planting trees.

Smt. Snehal Pradhan (Member & Ex-Principal, UES) interacted with the students and guided them for the progress of college and wished them for the future.

Thus, the foundation day was celebrated in the presence of all trustee members, In-charge Principal, Principal School & Jr. College, Supervisors of all Sections, Teaching, non-teaching staff, and students by following all covid rules.



## Report on Covid Care Immunity Booster Program

**Date:** 23/08/2021 to 25/08/2021

This program was organized by National Service Scheme, Mumbai University in association with the Art of Living Foundation for Uran Education Society's College of Management and Technology, Uran

The Art of Living Foundation is a volunteer-based, humanitarian and educational non-governmental organization. It was founded in 1981 by Sri Sri Ravi Shankar.

The Art of Living offers numerous, highly effective educational and self-development programs and tools that facilitate the elimination of stress. These tools also foster deep and profound inner peace, happiness, and well-being for all individuals.

This program was conducted online for three days. Mr. Nayan Kapadiya (Course Facilitator) started this session by question answer round to check students thinking ability. He guided our students about how to reduce mental stress and to improve physical and mental health.

He also guided for some asanas like, Vajrasana, Desktop Yoga Asanas and Meditation.



## Report on Poshan maah celebration

Date: 1/09/2021 to 30/09/2021

As per the guidelines received from Ministry of Youth Affairs and Sports, Government of India, to celebrate fourth “Poshan Maah” in the Month of September, 2021.

To celebrate these Poshan maah different activities like, Tree Plantation, Recipe Competition, Poster Making Competition and e-quiz competition were conducted for the students.

The students have planted a tree at their residential area which was done under the activity “Poshan vatika”.

The students also participated in recipe competition to know about nutritious food for pregnant women.

Also they have participated in Poster making competition to generate awareness about regional and local food; Millets, vegetables and traditional recipes.

An online e- quiz competition was conducted for students. The topic was, “Focusing Malnourishment Issues in Childrens”. Many students from our college have participated in this e-quiz competition.





## Report on the Guidance Lecture for Youth

**Date:** 12/10/2021

The program was jointly organized by Uran Education Society's College of Management and Technology and Navdurga Navratrotsav Mandal, Bori.

The program started with the welcome address of Chief Guest and all Committee Members.

Dr. Madhavi Gosavi was invited as Chief Guest by College Management Committee.

Prof. Parag karolkar was accompanied with Navdurga Navratrotsav Mandal President and Vice-President.

Dr. Madhavi Gosavi spoke about the social and Psychological factors that can put women at greater risk of poor mental health. She motivated all females to overcome such risk in a positive manner.

Prof. Parag Karolkar had conversation with students regarding their ideas of success and also shared his experiences with the students.



## Report on the Co-vaccine drive

**Date:** 13/10/2021

The program was organized by National Service Scheme, Uran Education Society's College of Management and Technology in collaboration with Indira Gandhi Hospital, Uran.

The college has successfully conducted free vaccination drive for teachers and students.

No. of Vaccination: Student: **08**

Teachers: **04**

Total: **12**



## Report on the Co-vaccine drive

**Date:** 29/10/2021

The program was organized by National Service Scheme, Uran Education Society's College of Management and Technology and K.D.S. College of Arts and Commerce, Uran in collaboration with Indira Gandhi Hospital, Uran.

The college has successfully conducted free vaccination drive for students.

No. of Vaccination: Girls: **06**

Boys: **01**

Total: **07**



## Report on the seminar on Opportunity to work with Loksatta

**Date:** 1/12/2021

Our college organized the seminar on opportunity to work with loksatta, in collaboration with Loksatta team.

The program started with the welcome address and felicitation by students.

Mr. Sameer Mhatre(Manager, Loksatta) gave brief information about loksatta newspaper to students. He also guided the students about the scheme offered by loksatta team.

The interested students participated in the survey offered by loksatta team.

The program ended with the vote of thanks by students.

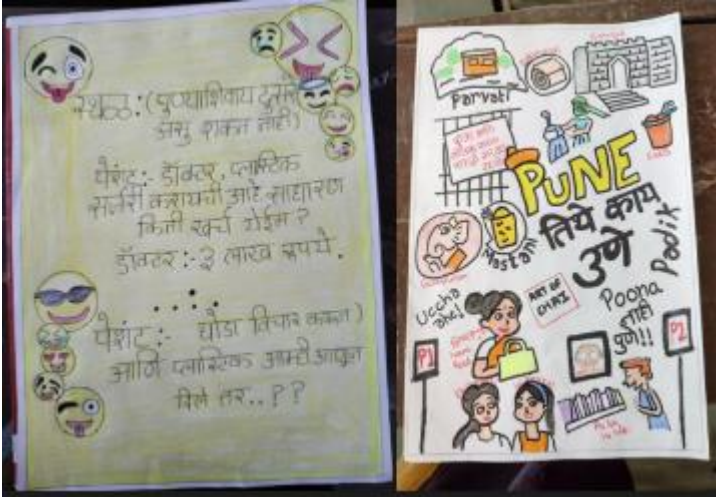


## Report on Marathi Bhasha Divas

Date: 27/02/2022

NSS Department of our college has celebrated Marathi bhasha divas on 28th March, 2022 with skit presentation, Dance etc.

On this occasion various activities like Essay writing, punery patya, board decoration were conducted for students.



## Report on International Womens Day

**Date:** 8/03/2022

NSS Department of our college organized Lecture on womens rights in our college for all girls.

Adv. Roshni Bare spoke about the womens rights and guided our students very well.

On this occasion various activities like poster making and board decoration were conducted for students.



## Report on Blood Donation Camp

**Date:** 29/03/2022

Blood donation camp was organized in our college on 29th March, 2022 in collaboration with Terna blood centre, nerul.

Total 28 bottles (25 – males; 3 – females) were collected.



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